

Life.

LUXURY | TRAVEL | EXPERIENCES



IMAGE COURTESY OF EPICE

escape

A little-known Indian Ocean gem, Rodrigues offers untouched beaches, turquoise lagoons, vibrant culture and the rare luxury of slowing down, with Constance Tekoma the perfect gateway to its unhurried island magic.



explore

Discover Holden Manz's new Reserve Collection, a beautifully considered selection of wines shaped by exceptional vineyards, distinctive vintages and a patient approach to winemaking.



experience

Leopard's Leap South African Table returns for a new season, celebrating authentic local flavours, relaxed chef-hosted dining and premium Culinaría Collection wines in the heart of Franschhoek.





holden manz

wine estate

Franschhoek's Hidden Gem

holden manz wine estate **www.holdenmanz.com** **021 876 2738**

Tasting Room | 5* Country House | Global Wine Delivery | Picnics | The Franschhoek Kitchen





EPICE

SPRING AT EPICE
A CELEBRATION OF SPICE & FLAVOUR

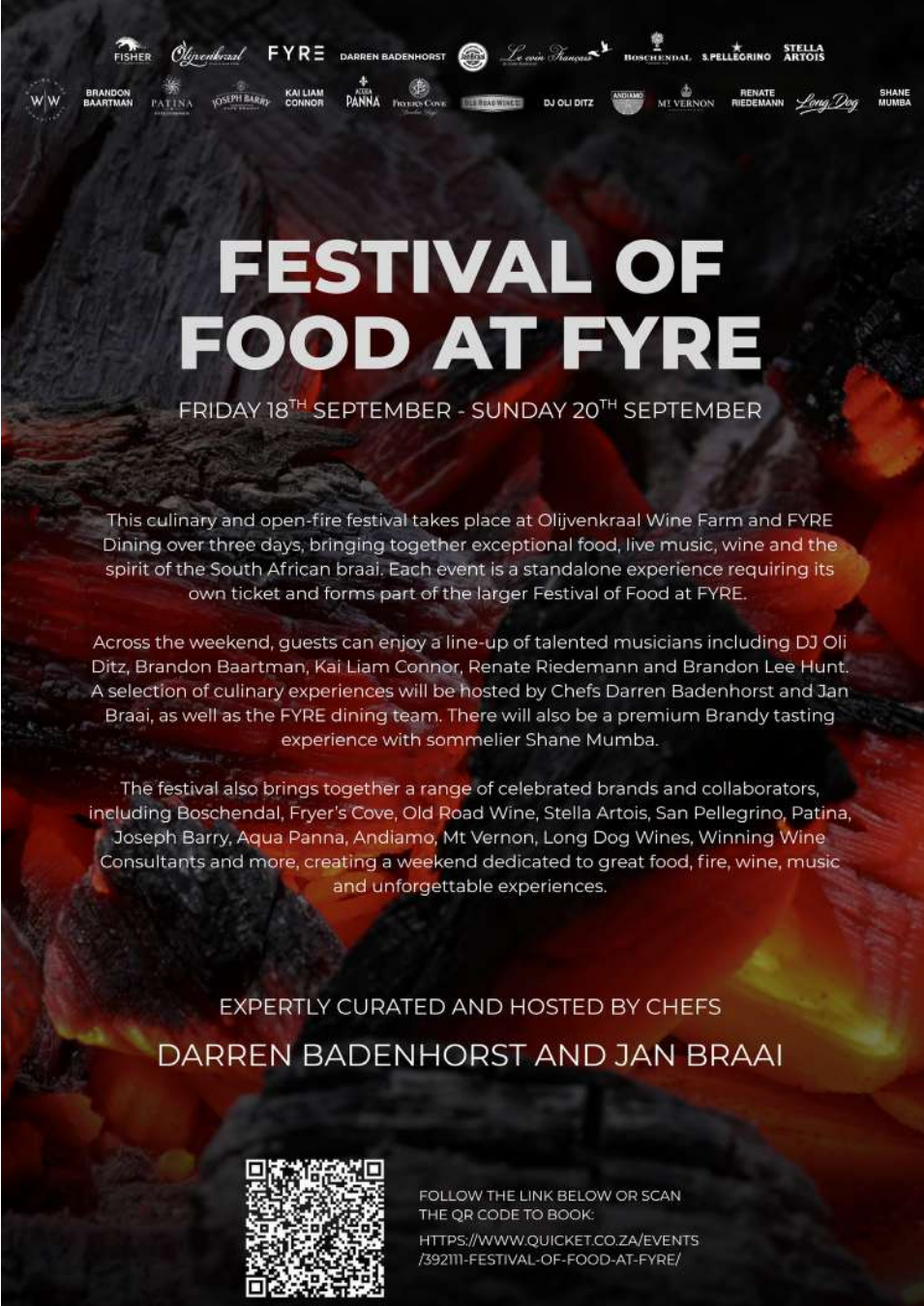
Experience a world of spice in the heart of the Franschhoek.
At Epice, seasonal ingredients meet bold flavours and thoughtful creativity, creating an intimate dining experience where every dish tells a story.
As spring arrives, join us for a leisurely celebration of flavour, discovery and the art of spice.
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OPEN DAILY
LUNCH & DINNER

www.monneaux.co.za | +27(0)21 876 3386



FESTIVAL OF FOOD AT FYRE
FRIDAY 18TH SEPTEMBER - SUNDAY 20TH SEPTEMBER

This culinary and open-fire festival takes place at Olijvenkraal Wine Farm and FYRE Dining over three days, bringing together exceptional food, live music, wine and the spirit of the South African braai. Each event is a standalone experience requiring its own ticket and forms part of the larger Festival of Food at FYRE.

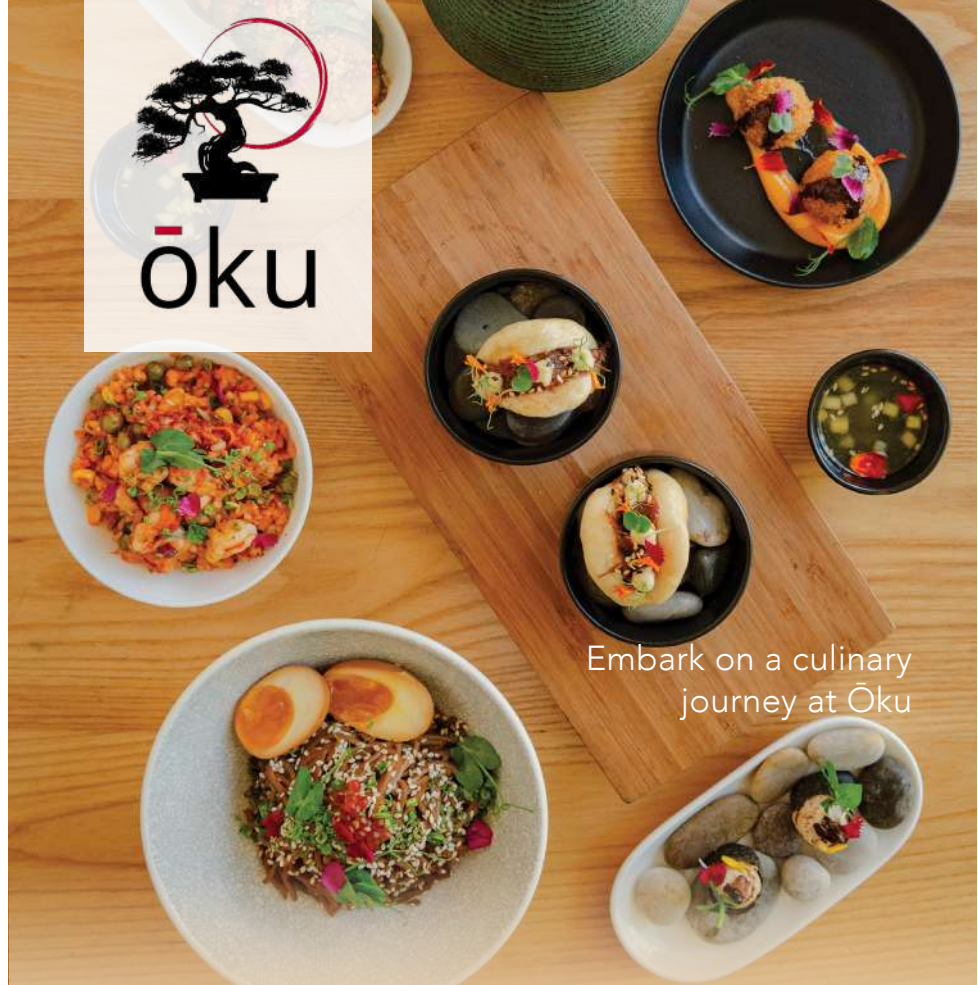
Across the weekend, guests can enjoy a line-up of talented musicians including DJ Oli Ditz, Brandon Baartman, Kai Liam Connor, Renate Riedemann and Brandon Lee Hunt. A selection of culinary experiences will be hosted by Chefs Darren Badenhorst and Jan Braai, as well as the FYRE dining team. There will also be a premium Brandy tasting experience with sommelier Shane Mumba.

The festival also brings together a range of celebrated brands and collaborators, including Boschendal, Fryer's Cove, Old Road Wine, Stella Artois, San Pellegrino, Patina, Joseph Barry, Aqua Panna, Andiamo, Mt Vernon, Long Dog Wines, Winning Wine Consultants and more, creating a weekend dedicated to great food, fire, wine, music and unforgettable experiences.

EXPERTLY CURATED AND HOSTED BY CHEFS
DARREN BADENHORST AND JAN BRAAI



FOLLOW THE LINK BELOW OR SCAN THE QR CODE TO BOOK:
[HTTPS://WWW.QUICKET.CO.ZA/EVENTS/392111-FESTIVAL-OF-FOOD-AT-FYRE/](https://www.quicket.co.za/events/392111-festival-of-food-at-fyre/)



ōku

Embark on a culinary journey at Ōku

À LA CARTE, ANY TIME AT ŌKU
Whether you're popping in for a relaxed lunch or planning an easy dinner, Ōku's à la carte menu is now available for both lunch and dinner, making it simpler to join any day of the week.
If you're in the mood to settle in a little longer, the Kaiseki menu remains available for lunch and dinner, offering a more immersive way to experience the menu in a calm, welcoming setting.
Open seven days a week.
Bookings 021 023 3755 | reservations@eat-oku.co.za
www.eat-oku.co.za | @oku_eatery

The Art of Celebrating

In the heart of Franschhoek, South Africa, La Roche Estate offers captivating venues perfect for wedding celebrations and events.

We offer the opportunity to create and host a bespoke wedding and event, unique to your style and vision. Take your pick from two exclusive locations.

The Sanctuary, a truly one-of-a-kind venue, is set on an island in the middle of the lake, surrounded by rolling mountains and water, which, on calm days, creates spectacular reflections.

The Festival Hall, a meticulously built, spacious hall mirroring the Italian finishes and Roman architectural design of the Sanctuary.

Complete with thoughtfully curated experiences and beautifully designed on-site accommodation, La Roche is the perfect destination to host a bespoke celebration that you and your guests will never forget.

www.larocheestate.com | info@larocheestate.com | Instagram: @larocheestate
La Roche Estate, Robertsvlei Road, Franschhoek



Wellness in Motion

With more than 25 years of Pilates and movement expertise, Pam Hammond Studios brings a considered, highly personal approach to movement to a new boutique studio in Franschhoek.

For Pam Hammond, Pilates is far more than exercise. It is an intelligent way of moving that develops strength, control, mobility and body awareness — with benefits that extend well beyond the studio.

The opening of her new studio in February 2026 marks the fourth studio Pam has established in Franschhoek over the past 18 years. Her career spans the fitness industry locally and internationally, from owning studios in KwaZulu-Natal and Gauteng to working in Dubai, as well as roles as a personal trainer, movement choreographer and national presenter. She holds a BSc Honours degree in Psychology, a Postgraduate degree in Life Coaching and extensive Pilates training through Conscious Movement Cape Town, STOTT and BASI Pilates, alongside Barre training in California.

Pam's connection with Franschhoek is both personal and professional. Having fallen for the town's sophisticated, distinctive character, she saw an opportunity to create a premium, intimate studio where quality instruction and individual attention take centre stage.

Today, Pam Hammond Studios offers private Pilates, small-group Reformer and Mat Pilates, alongside Barre, Strength & Sculpt and Restore & Release.

At the heart of Pam's teaching is a belief in committing to the process. Clients are encouraged to challenge themselves, build confidence and discover what their bodies are capable of, whether the goal is greater strength and mobility, improved posture and performance, or simply moving more comfortably through everyday life.

For Pam, the real magic happens when studio learning translates into everyday movement — helping clients move better, feel stronger and become more aware of their bodies.

8 Huguenot Street, Franschhoek | pamhammondstudios@gmail.com
Private Pilates | Reformer | Mat Pilates | Barre | Strength & Sculpt | Restore & Release

Where Time Slows Down

There are places that invite you to visit, and then there are places that invite you to linger.

Nestled beneath the dramatic Simonsberg mountains, Rupert & Rothschild Vignerons has long been known for its exceptional wines and timeless sense of place. Today, the estate enters an exciting new chapter with the unveiling of beautifully reimagined hospitality spaces designed to offer guests something increasingly rare: the luxury of slowing down.

Whether you're escaping for a leisurely afternoon, entertaining valued clients, gathering with friends, or simply seeking a moment of calm amidst life's demands, every detail has been thoughtfully considered. The newly established restaurant offers a dedicated dining experience where seasonal flavours, warm hospitality and breathtaking views come together effortlessly. Just a short stroll away, the separate tasting room provides a more intimate setting to discover Rupert & Rothschild's acclaimed wines at your own pace.

The distinction between these two spaces allows guests to tailor their experience to their needs — whether that means a focused wine tasting, a long lunch that stretches into the afternoon, or both.

Beyond individual visits, Rupert & Rothschild is also perfectly positioned to host private celebrations, executive board meetings, strategy sessions and corporate gatherings. Flexible spaces, attentive service and a tranquil setting create an environment where meaningful conversations flourish and memorable occasions unfold naturally.

At Rupert & Rothschild, hospitality transcends expectation. It is woven into every interaction, every thoughtfully curated space and every lingering moment. Guests are invited to surrender the pace of everyday life and immerse themselves in an experience where comfort feels instinctive, service is intuitive, and the simple pleasure of being present becomes the ultimate luxury.

In a world that seldom slows down, Rupert & Rothschild offers a rare invitation: to pause, to reconnect, and to savour life's most meaningful moments in a setting where time feels beautifully unhurried.

Rupert-rothschildvignerons.com



18

SEPTEMBER

**MARK HAZE PRESENTS
MASTERS OF ROCK
AT FRANSCHHOEK CELLAR**

Get ready for a high-energy night of classic rock anthems from Queen, Bon Jovi, Aerosmith, Guns N' Roses, Deep Purple, Journey, The Beatles, Elvis, Pink Floyd and more! Featuring Mark Haze & a full 5-piece band – expect huge vocals, guitar solos and all the rock 'n' roll classics you love. Dinner from 18h00 (not included in ticket) Show starts at 20h00.

BOOKING quicket.co.za

18

SEPTEMBER

**ITALIAN INSPIRATION
AT MONNEAUX RESTAURANT**

Savour a taste of Italy at Monneaux Restaurant. Our chef crafted special à la carte options for an evening of celebrating authentic Italian flavours. Invite family and friends for a memorable night of Italian favourites. Reserve your table today.

info@fch.co.za | www.fch.co.za

BOOKING 021 876 3386

18-20

SEPTEMBER

FESTIVAL OF FOOD AT FYRE

This culinary and open-fire festival takes place at Olijvenkraal Wine Farm and FYRE Dining over three days, bringing together exceptional food, live music, wine and the spirit of the South African braai. Each event is a standalone experience requiring its own ticket and forms part of the larger Festival of Food at FYRE. Hosted by Chefs Darren Badenhorst and Jan Braai.

BOOKING www.quicket.co.za

18&25

SEPTEMBER

**THE LEOPARD'S LEAP SOUTH
AFRICAN TABLE IS BACK!**

This acclaimed culinary experience focusing on authentic local flavours, is reopening to a brand-new season of food and wine enjoyment. This relaxed, chef-hosted lunch of typical South African dishes, is beautifully complemented by wines from Leopard's Leap's premium Culinaria Collection. A highlight on any Franschoek itinerary! 12h00-15h00 | R895pp

BOOKING leopardsleap.co.za

24

SEPTEMBER

**HERITAGE DAY
AT MONNEAUX RESTAURANT**

Celebrate South Africa's rich and diverse heritage at Monneaux Restaurant with specially curated South African-inspired à la carte menu options. Available for lunch and dinner. Gather family and friends and join us for a memorable taste of local flavours. Book your table today.

info@fch.co.za | www.fch.co.za

BOOKING 021 876 3386

SUNDAYS

**THE SUNDAY LUNCH CLUB
AT ELEVEN**

On the final Sunday of each month, join for a three-course lunch, each course paired with wines from a featured local wine farm. A relaxed afternoon of seasonal plates and carefully selected wines. An easy way to close out the month and begin the next. R550 per person, all inclusive. Bookings essential.

reservations@eleveneats.co.za

BOOKINGS 021 023 3755

TUES-SAT

50 BEST Discovery

AT DUSK WE DINE

The Winelands' answer to superlative avant garde experiential fine dining. DUSK is now included in the 50 Best Discovery programme. Open Tuesday to Saturday, exclusively dinner service from 18h00 and final seating at 20h00. Whether you're joining for the Signature Tasting Menu or the new À la Carte Menu, your evening unfolds at its own pace.

reservations@duskrestaurant.co.za

BOOKINGS 021 023 4100 or Dineplan

WED-SUN



FRANSCHHOEK THEATRE

Subscribe to our newsletter to keep up with the latest showings and events at our theatre.

Register and book online at:
www.franschhoektheatre.com

BOOKINGS
www.franschhoektheatre.com

WED-SUN



**JAN FRANSCHHOEK
SEASON V AT LA MOTTE**

Enjoy an exceptional food and wine journey at La Motte's Veepos, a charming historic cottage nestled among Franschhoek's picturesque lavender fields. Regional traditions, familiar flavours and local ingredients are reimagined through modern global cuisine, paired with the estate's award-winning wines and presented with flair. R3500pp

BOOKINGS la-motte.com

MON-SAT



PAM HAMMOND STUDIOS

Move, strengthen and restore with a considered approach to wellness at Pam Hammond Studios in the heart of Franschhoek.

Classes & Sessions: Private Pilates, Small-Group Reformer Pilates, Mat Pilates, Barre, Strength & Sculpt, and Restore & Release. Private and small-group sessions available by booking.

BOOKINGS
pamhammondstudios@gmail.com

MON-SUN



SPRING CELEBRATIONS AT LE LUDE

Morning and Afternoon Tea at Le Lude is served daily and includes a selection of savoury items and confectionery, accompanied by our award-winning Cap Classique and the finest selection of TWG tea. Reservations are required 24 hours in advance.

restaurant@lelude.co.za
BOOKINGS +27 21 876 2961

MON-SUN



LEVANTE RESTAURANT AT LYNX

Join us for a Culinary Journey through Levante Cuisine. Experience the vibrant flavours of East Mediterranean-inspired cuisine at Levante Restaurant. Enjoy a unique dining experience in Franschhoek, savouring a delightful meal or a relaxed tasting with delicious snacks in our bodega. Tasting Room/Bodega: Mon-Sun 10h00-17h00 Levante Restaurant: Mon-Sun 12h00-15h30 (last seating)

www.lynx-collection.com
BOOKINGS 021 876 0406 | 066 378 5398

MON-SUN



BREAKFAST AT MIKO, MONT ROCHELLE

Mornings at MIKO begin slowly, with views across the Franschhoek valley and vineyards. Head Chef Terence's menu celebrates South African flavour and local ingredients. Think creamy pap Benedict with homemade chakalaka, a Durban-inspired masala omelette and the Full Garden foraged Breakfast. Breakfast is open to all, resident or not, from 07h00-10h30. Bookings essential.

BOOKINGS 021 876 2770

MON-SUN



DINNER MADE EASY WITH YAMA AT HOME

Enjoy sushi, Asian tapas and your favourite Yama dishes from the comfort of home with our takeaway and delivery service, available daily from 12h00 to 21h00. Deliveries can be made to your doorstep within a 20 km radius of Franschhoek. Place your order online via our website, WhatsApp or call. Heritage Square, 9 Huguenot Rd, Franschhoek.

Call 021 023 4695
Whatsapp 079 737 1849



escape

Escape to Hamble Hills Lodge where Big 5 safari, luxury lodges, and service all can landscape promise an unforgettable wilderness retreat.



explore

Discover the Local Edit: An immersive shopping journey where style, creativity, and discovery collide. Shop over 300 local brands in one seamless space, enjoy effortless one-on-one styling, and experience the ease of supporting craftsmanship with every purchase.



experience

Visit Hotel & Spa is Africa's benchmark for medical wellness, luxury hospitality, and transformative spa, aesthetic, and holistic guest experiences.



Life Brands

LUXURY. LIFESTYLE. INFLUENCE.

LIFE Magazines place the world's finest luxury brands directly in front of South Africa's most affluent audiences — with premier distribution in the country's most exclusive neighbourhoods.

From extraordinary travel and world-class cuisine to art, design and once-in-a-lifetime experiences, we curate the very best in luxury living. Think coveted labels, top-tier restaurants, bespoke getaways and insider access to what's next.

This is where aspiration meets influence.

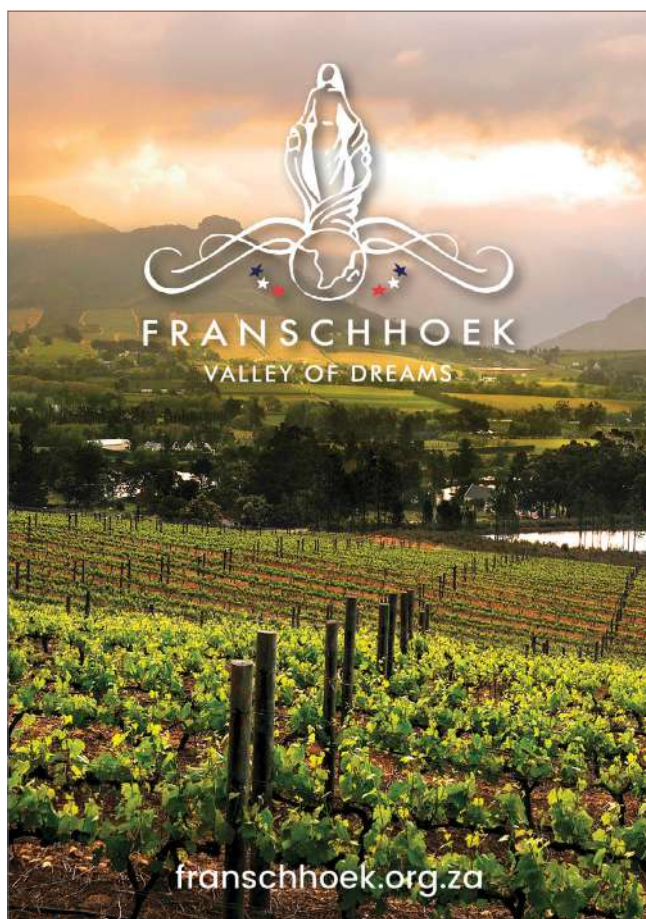
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SAVE THE DATE – FRANSCHHOEK'S GOT TALENT

An unforgettable evening of entertainment – Franschhoek's Got Talent Season 3, at BridgeHouse Theatre. Enjoy an exciting showcase of local talent, featuring live music by Uncorked and invited guest artists, all in support of Safe Hands Animal Rescue Franschhoek. Come along for a wonderful night of music, talent and entertainment while supporting a great cause.



A New Chapter in Reserve at Holden Manz

There is something particularly satisfying about a wine collection that rewards curiosity. Holden Manz's newly released Reserve Collection does exactly that, bringing together a selection of wines that showcase the character of their vineyards, the individuality of each vintage and a winemaking approach where patience is very much part of the process.

From the elegant Semillon Reserve 2023, made from 25-year-old Franschhoek vines and produced in just 1,041 bottles, to the Chenin Blanc Reserve 2023, sourced from bush vines planted in 1982 and certified by the Old Vine Project, the collection begins with wines that are as much about provenance as they are about flavour. The Chenin is layered and **expressive**, with kumquat, quince and citrus flowers giving way to fresh ginger and pineapple on a long, powerful finish.

The Chardonnay Reserve 2023 offers a richer expression,

with extended lees contact, natural fermentation and French oak creating a beautifully **textured** wine balancing brioche, almond and ripe citrus with fine acidity. The reds bring another dimension. The Merlot Reserve 2023 is full-bodied and velvety, while the Cabernet Franc Reserve 2023 combines cassis and dark berries with savoury, mineral complexity. Both have been given significant time in French oak and are intended to develop further with bottle age.

At the pinnacle sit Elysium 2022, a rare co-fermentation

of Merlot and Syrah, and the pre-release Big G 2022, a Bordeaux-inspired blend of Cabernet Sauvignon, Cabernet Franc and Merlot. Both are wines of structure, depth and considerable ageing potential.

Together, the **collection** is a reminder that great wine is rarely about rushing the process. It is about place, precision, patience – and knowing when a wine is ready to be shared.

holdenmanz.com



BOOK NOW

1682
BLAAUWKLIPPEN
STELLENBOSCH

Manor House & Jonkershuis

BY
NEWMARK

DISCOVER THE SPIRIT OF STELLENBOSCH

The Stellenbosch Winelands come alive with Blaauwklippen's weekly family market, bringing together food vendors, local craftspeople, artisans, and activities for all ages. Add wine tastings, a bike park, De Blaauwe Kitchen, as the historic estate offers plenty to discover and enjoy. Blaauwklippen Manor & Jonkershuis places you at the heart of it all, with an elegant stay immersed in the character of the South Africa's oldest working wine estate.

Experience Authentic

For bookings and enquiries, contact:
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NEWMARK
• HOTELS & RESERVES •

The Pleasure of Slowing Down

DISCOVER RODRIGUES ISLAND

There are destinations you visit, and then there are places that quietly capture your heart. Rodrigues Island is one of them. Floating in the Indian Ocean, east of Mauritius, this tiny volcanic island remains one of the region's best-kept secrets — a place where untouched landscapes, warm island hospitality and an unhurried way of life offer a glimpse of travel as it once was.

Getting there is surprisingly effortless. Air Mauritius operates direct flights from Sir Seewoosagur Ramgoolam International Airport in Mauritius to Plaine Corail Airport in Rodrigues every day, the flight taking only 1 hour and 35 minutes. With multiple flights operating daily, Rodrigues is an easy extension to a Mauritius stay — yet feels a world away.

Set on the secluded shores of Anse Ally, Constance Tekoma is perfectly placed to experience the island's quiet magic. Intimate and effortlessly **elegant**, it offers a front-row seat to an island where nature, culture and community remain beautifully intertwined.

Rodrigues isn't about packed itineraries or crowded attractions. Instead, it invites visitors to wander and explore. Discover deserted beaches where your footprints are the only ones in the sand, follow winding trails across rolling green hills, uncover hidden caves sculpted by

time, or pause at breathtaking viewpoints where dramatic cliffs give way to an endless expanse of ocean.

The island's vast lagoon, protected by one of the largest coral reef systems in the Indian Ocean, is equally mesmerising. Crystal shallows are home to an abundance of marine life, creating exceptional opportunities for snorkelling and diving, while kayaking, paddleboarding and traditional boat excursions reveal secluded coves and tiny offshore islets that feel wonderfully untouched. With its steady trade winds, Rodrigues has also become one of the world's premier destinations for kitesurfing, attracting those seeking both adventure and wide-open space.

Yet perhaps the island's greatest treasure is its people. Life here is deeply rooted in cultural **traditions**, where colourful markets, lively Sega Tambour performances and generations-old recipes celebrate a culture that has remained remarkably authentic. Fresh seafood,

locally grown produce and warm smiles are all part of the experience, making visitors feel less like tourists and more like **welcomed** guests.

At Constance Tekoma, the slower rhythm of the island continues. Days drift effortlessly between long lunches overlooking the ocean, leisurely walks along the shoreline and evenings spent beneath star-filled skies, where the only soundtrack is the gentle sound of the sea.

For travellers searching for somewhere truly different, Rodrigues offers the rare privilege of discovery. Unspoilt, uncrowded and refreshingly authentic, it is a place that asks nothing of you except to slow down, look a little closer and embrace the simple joy of being present. Constance Tekoma captures that spirit perfectly, offering an unforgettable gateway to one of the Indian Ocean's last truly undiscovered treasures.

www.constancehotels.com/en/hotels-resorts/tekoma





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and international flights**
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and Book **Now**.

